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PHARMAAYURVED ONLINE RESEARCH JOURNAL FOR PHARMACY, AYURVED AND ALLIED SCIENCES	
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UNDERSTANDING THE AETIOPATHOGENESIS OF AMLAPITTA VYADHI	
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<u>Abstract</u>	
<p>Ayurveda emphasize the entire Vyadhis (Diseases) are the consequence of Improper states of Jathragni¹. Agni is considered amenable for digestion and metabolism outcomes and wellbeing of Tridosha. This Article considered to understand the Amlapitta, which caused by Vrudha (Excessive) and Amla rasa (Sour taste) agitated Pitta in Annavaha srotasa .which is correlated with hyperacidity in modern science. usually occurrence of Amlapita vyadhi due to intake of substances like Vidhahi (Causing burning sensation in Annavaha srotasa) , dushta (contaminated),Amla (Sour) etc.,As a result Amlaoudgar (Excess Sour belching), Avipaka (Indigestion), Kantha-Urah-Udara daha (Burning sensation in GIT- Gastritis) etc Symptoms diagnosed. Irregular diet pattern, stress ,addictions making this disease more predominance and also it is more to psycho-somatic disorders. Life style modification should follow well and dietetic indiscrimination should not practiced.</p>	
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